

APRIL NEWSLETTER

Annie Griffin
Superintendent

Washakie County School District #2

Robert Griffin
Principal

Principal's Corner

We are in the teacher appreciation time zone and I want to share some information created by an AI generator all students and teachers have access to. I typed in a few parameters and then asked it to find reference material that supports the topic. Since we are closing in on teacher appreciation week I thought I would choose a topic related to teachers.

"In recent years, the United States has been facing a significant shortage of teachers, a concern that has been heightened across the nation. One of the primary reasons behind this shortage is the persistently low pay and inadequate benefits offered to educators. Even as inflation rates have risen, teacher salaries have failed to keep pace, making it increasingly difficult for individuals to consider pursuing a career in teaching. Additionally, the demanding nature of the job, coupled with increasing administrative responsibilities, has led to elevated levels of stress and burnout among teachers, further exacerbating the shortage (NEA, 2023)."

After I read the passage, I took a moment to reflect on the current reality in education. This career is ever changing and the demands and accountability have never been higher. Please take time to read this and when you get a chance let your favorite educator know how much you appreciate their time and effort. In addition, please reach out to a former or current teacher that has made a difference for you or your children and thank them for being an educator.

Breakfast of Champions - This year's 3rd quarter Breakfast on Champions list has 24 students on it grade 7-12. We are very proud of the extreme academic effort these students put forward. As part of our 8th hour rolling elective program, students get a list of activities to choose from and to my surprise there is consistently a large number who choose study hall; and to no one's surprise, most who choose study hall are on the A honor roll.

ACT - We are in the final stretch of preparation for the ACT test. This year we will only have 3 students taking the test. This will be the second year of implementation of our ACT program and we are hoping for excellent results. These students have been working one on one with each of their teachers to identify areas of weakness and test taking strategies that will allow them to reach their full potential.

Swimming Lessons - We are getting our students ready for summer time fun. We are taking students to the Worland pool to ensure that they have basic water safety understanding and hopefully enough swimming ability to enjoy the water without worry. Each elementary PE class spent the afternoon for four days learning basic swimming techniques and improving the skills they already had. Thank you, Mrs. Fox, for dedicating three weeks of PE time to help our student develop this skill!

Book Fair - The 2024 book fair is in the books. Thank you CSO for putting all of it together as I know it takes quite a bit of preparation. I enjoyed seeing so many of our students so excited to get something to read and appreciate that this is a positive experience for them.

WYTOPP - April's arrival brings a focus on WYTOPP. Our elementary school is working on individual student needs and grades 7-10 are looking at the curriculum to make sure all the necessary content is covered. Parents, it is important that they get the sleep and nutrition they need to perform at their best. The testing begins in the middle of April and ends May 10th.

~ Quick Links ~

- FFA News
- Music Notes
- Counselor's Corner
- Secret Service Club
- Kindergarten Roundup
- Library Events
- Board Briefs
- April Events Calendar
- Google Calendar
- April Lunch Menu

Principal's Corner Continued

FFA Accomplishments - Our FFA is accomplishing great things. Both students and teacher alike are showing what it means to be a Pioneer! Mrs. Forshee received a letter in March and we would like to share a piece of that with you:

Dear Adrienne Forshee,

Every year the Wyoming FFA Association recognizes individuals who devoted their time and talent for the betterment of the State Association and its members. Your knowledge and efforts have not gone unnoticed. To thank you for all you have done, we would like to bestow you with the Honorary State Degree at the 2024 Wyoming FFA Convention.

Congratulations, Mrs. Forshee, on a well-deserved and well-earned award. We are very lucky to have such a talented and dedicated teacher leading the FFA program at our school.

With such a great leader it comes as no surprise that great things are always happening in FFA, especially this last month as our students have been earning awards and placing very well in their competitions. One student in particular who I'd like to highlight is Matthew Blutt. Matthew recently earned his State FFA Degree which is no small feat. To be eligible to receive this degree from the state association, a member must meet the following minimum qualifications:

- Have received the Chapter FFA Degree.
- Have been an active FFA member for at least two years (24 months) at the time of receiving the State FFA Degree.
- While in school, have completed the equivalent of at least two years (360 hours) of systematic school instruction in agricultural education at or above the ninth grade level, which includes a supervised agricultural experience program.
- Have earned and productively invested at least \$1,500, or worked at least 300 hours in excess of scheduled class time, or a combination thereof, in a supervised agricultural experience (SAE) program.
- Demonstrate leadership ability by: (A) performing 10 procedures of parliamentary law, (B) giving a six-minute speech on a topic relating to agriculture or FFA, (C) serving as an officer, committee chairperson or participating member of a chapter committee.
- Have a satisfactory scholastic record as certified by the local agricultural education instructor and the principal or superintendent.
- Have participated in the planning and completion of the chapter's Program of Activities.
- Have participated in at least five different FFA activities above the chapter level.
- Have participated in at least 50 hours of community service, within at least two different community service activities. These hours are in addition to and cannot be duplicated as paid or unpaid SAE hours.

Congratulations, Matthew! We applaud your hard work! Here are a few words from Mrs. Forshee:

"I am honored to have been Matthew Ag Teacher the last 4 years. He chose to stay with an organization that had a fit for him. FFA is not just cows and plows it is leadership and career ready practices. It is service and work. I am amazed when Matthew is labeled "quiet" this kid is anything but. He is not afraid to speak in front of our class, his peers, our chapter. lead at FFA camp or speak to the school board- as you all saw two years ago. Matthew is a leader and I am excited for his path."

We look forward to what the future hold for our FFA students!



FFA Chapter News

FFA is busy as ever..and it is paying off!

Hearing Ten Sleep being called to the stage is the new normal. Seeing these students know they can win is making all the late hours worth it.

March 4th @ Sheridan College Border Wars our Ag. Sales team found themselves in 3rd place with 14 teams to compete against. This was a great contest to get our two new members' feet wet. This team consists of Bree, Eliza, Karidee and Cameron. Our Environmental and Natural Resources team also competed and now better understand how the contest will be run. This is a young team consisting of one Senior, Matthew and three 8th graders, including Macklan, Cash, and Nicholas. I am excited to see their path in the next few years.



Central Wyoming College CWC. This team consists of high school members Allie and Belle and middle school members Karidee and Breckyn. As there was just one contest, the middle school girls had to judge up, which didn't stop either of them. Karidee Gossens won CWC, earning herself a banner.



March 21st, our ENR, Horse and Ag Sales team all competed at North West College in their prospective competitions. Thank you Mr. Griffin for helping us out getting students to their competitions. Ag. Sales again heard their name called coming in 2nd out of 15 teams. Bree again led the team with all four members right behind her. The students have set goals and know what they need to do to hear their names called at State in April. Our ENR team improved and with every competition. These boys are not going to just sit back; they want to compete.

We are waiting for results on our horse team but every girl gave 3 sets of reasons which I am so proud they completed. Public speaking to judges grows character, courage, and confidence.

Our horse team competed with Allie Griffin leading our high school team and Karidee Gossens leading the middle school team.

Bree Jackson was named Regional Prepared Speaking Champion on March 11th. She will represent our chapter at the FFA State Convention. I am grateful a large group of members went to watch her speak showing her support from our chapter.

March 15th, our Horse team was back at it again, this time at



FFA Continued

On March 23rd, our Poultry Evaluation team and our Livestock Judging team headed to Casper College at 5am to compete. It was a long day, but hearing your name called during awards makes those early mornings and long days worth it. Our Poultry team earned 3rd HighTeam overall with Kaitlyn leading the team and Will judging up from middle school to compete on this team. Payton and Brooklynn rounded out the team. These students came home with a huge banner. Our Middle School Livestock judging team ended up 6th overall. Cachelynn earned 3 banners with overall champion in Hogs, 2nd in Beef, and 6th Highman. Gavin rounded out our team coming in next. Shelby held her own with Quinlan also competing.

Our Livestock and Poultry Teams will compete April 5 at CWC.

State FFA Convention is right around the corner and I have no doubt Ten Sleep FFA will hear their names called.



Our Ag. Sales team was invited to tour Queen Bee Candies in Lovell, whose company we are representing for this competition. What we thought would be a 45 minute tour turned into 3 hours. I was so proud of how well-mannered our students were and the quality of their questions. It was like touring Willy Wonka's Chocolate Factory, we were all fascinated.



During the last week of March, we celebrated National FFA week and we started the week off with



our Biggest Parade yet. We had 5 tractors with students and alumni joining us. We had 9 riders on horseback and all the rest of our members were on our float. On Tuesday, our chapter celebrated our staff with a specially prepared breakfast. And Wednesday was Blue and Gold Day.

I am grateful to live in a community that supports our students 110%.
~ Mrs. Forshee



Music Notes



I would like to begin with a huge THANK YOU for your attendance at the elementary concert earlier last month! The students absolutely loved each and every song they sang and enjoyed having their own concert!

Now, although elementary students are no longer preparing for a concert, the music room is still alive with learning. The kindergarten and first grade students have just begun talking about the Carnival Of The Animals by Camille Saint-Saens, where they will learn how to move to music, play instruments, sing fun songs about animals, and compose their own music! Make sure to ask your kindergarten or first grader about the Carnival of the Animals.

The second and third graders have also been busy playing a large variety of percussion instruments and have learned about "questions" and "answers" in music as well as what "timbre" means.

The fourth graders have just started learning about musical theatre using Sarah Boynton's book, Philadelphia Chickens, which is a musical revue for children. The fourth graders will be learning about how musical theatre productions are put together, important musical pieces and dance numbers involved, and will get to imitate some different key workers of a production! Make sure to ask them about the dancing cows!

Jumping up to our middle and high school bands, the students have been progressing in leaps and bounds! The fifth and sixth graders

have been learning two songs for the concert in May as well as some boomwhacker music for the middle school performance at the senior center (March 28).

The eighth graders have also been super enthusiastic about playing the boomwhackers and also really enjoy preparing for the end-of-the-year performance. Ask your middle schoolers to play a song for you on their instruments, they have been practicing so hard!

Finally, the high school band is nearing their solo and large-group performance on April 15th and 16th. All high school band members have been preparing a solo as well as a few large-group band numbers. We will be heading to Northwest College in Powell to perform the large-group pieces on Monday and their solos on Tuesday in front of a certified adjudicator who will give them feedback on their playing and some advice about how to improve! This is a wonderful opportunity for the students and I encourage all parents/relatives to have their high schooler perform their piece for them before April 16th to prepare!

I continue to thank everyone for their support in the music program here at Ten Sleep Schools and I look forward to seeing you all at the end of the year 5-12 band concert on May 2nd! Happy April!

Musically, Mrs. Kienzle



On Tuesday, March 19, nominated middle school honor band students, Stetson, Kyler, Karidee, Cachelynn, and Breckyn, had a long day of learning, playing, and performing at the North Bighorn Basin Middle School Honor Band Festival! They played in a band 10 times the size of our middle school band and enjoyed meeting new people and seeing old friends. Make sure to congratulate them on an outstanding performance!

Counselor's Corner

UPDATES AND HAPPENINGS

*Seniors are busy filling out scholarship applications and making post high school plans!

*Elementary Guidance classes are continuing to learn about big emotions, what our bodies do during stress, and how our brains and bodies work together. Classes have learned the word "regulation" and how to balance emotions and match to our environment.

*Testing for grades K-10 will start April 16. The state testing system, WYTOPP, will continue April 16-May 10. Classroom teachers can sign their class up for testing days and times during this testing window. If you plan to be absent, please check with your classroom teacher to help with absences during testing time.

CELEBRATIONS

*The Juniors recently survived the ACT. This is a huge milestone in a high schoolers career!

*BINGO took place at the PT Conference day. Several students attended periodically, stayed, played, and had a lot of laughs.

*Scheduling: there is a possibility for all-year music and all-year art for middle school students next year. We are taking the steps to fine tune this for next year's schedule. They would have the same amount of seat time, it would just be drawn out all year rather than packed in a semester. Teachers are working hard to make this reasonable adjustment.

*A March Big/Little Activity was a success with a lot of smiles and laughter!

Secret Service Club

Our Secret Service club collected over 200 non-perishable food items during our Can-uary food drive. Even into February, we were still receiving donations from our wonderful community!

The secret service fourth graders helped fill the expedition Friday, March 1st to donate the items. WMCA happily accepted the donations, and they are looking forward to receiving more next year from us. Thank you to all who donated!



Kindergarten Roundup

We are planning Kindergarten Roundup on **Thursday, May 2nd**. If your child is of kindergarten age (will be five years old by August 1st, 2024), we would like to have him/her come spend the morning at school to meet the teacher, Mrs. Schwarz, and get acquainted. The hours of the Roundup will be 7:58 a.m. to 11:50 a.m. There will be a short parent meeting at 11:25 a.m. Please call the school and let us know if your child will be attending.

We can't WAIT to meet your little one and help them develop a lifelong love of learning!



Library Events

National Library Week (April 7-13, 2024) is a time to celebrate our nation's libraries, library workers' contributions and promote library use and support. The theme for National Library Week 2024 is "Ready, Set, Library," illustrating the idea that in our always-online world, libraries give us a green light to something truly special: a place to connect with others, learn new skills, and focus on what matters most. At the library's author talks, workshops, and book clubs, Americans can connect with fellow enthusiasts and local experts while building relationships that will last a lifetime. No matter where you find yourself on the roadmap through life's journey—preparing for a new career, launching a business, or raising a family—the library provides an inclusive and supportive community where everyone belongs.



NATIONAL LIBRARY WEEK
April 7-13, 2024

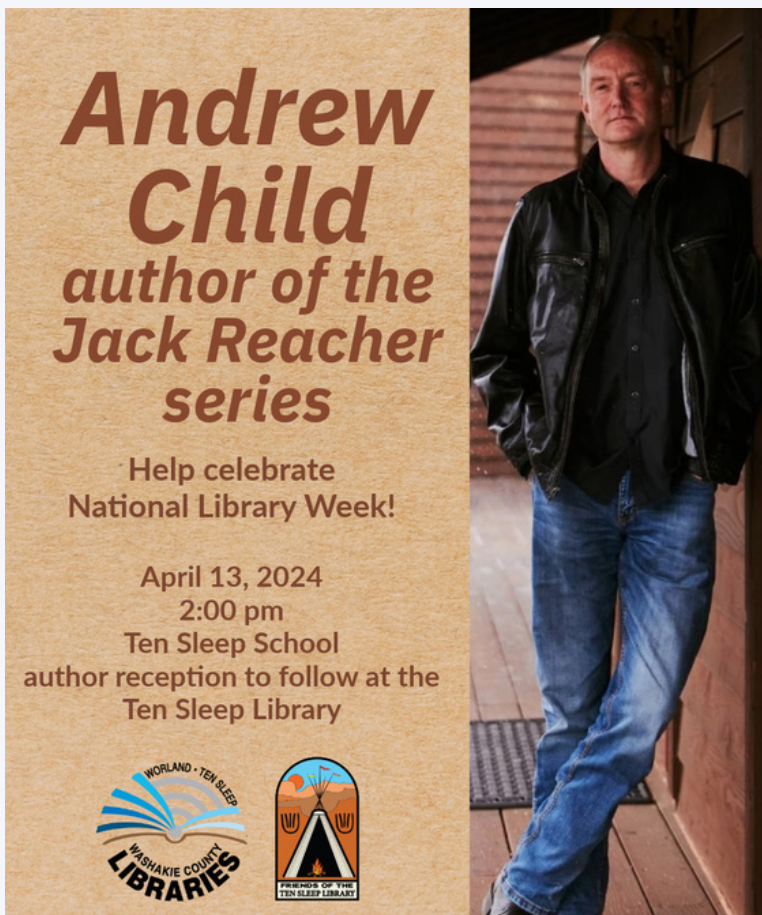
ALA American Library Association
Library Champions

National Library Week Events

Monday, April 24: Right to Read Day, a day for readers, advocates, and library lovers to take action to protect, defend, and celebrate the right to read. State of America's Libraries Report released.

Tuesday, April 25: National Library Workers Day, a day for library staff, users, administrators, and Friends groups to recognize the valuable contributions made by all library workers.

Wednesday, April 26: National Library Outreach Day (formerly National Bookmobile Day), a day to celebrate library outreach and the dedicated library professionals who are meeting their patrons where they are.



Andrew Child
author of the Jack Reacher series

Help celebrate National Library Week!

April 13, 2024
2:00 pm
Ten Sleep School
author reception to follow at the Ten Sleep Library

WORLAND • TEN SLEEP
WASHAKIE COUNTY LIBRARIES
FRIENDS OF THE TEN SLEEP LIBRARY



Thursday, April 27: Take Action for Libraries Day, a day to rally advocates to support libraries.

History

First sponsored in 1958, National Library Week is sponsored by the American Library Association (ALA) and observed in libraries across the country each April. All types of libraries - school, public, academic and special - participate.

In the mid-1950s, research showed that Americans were spending less on books and more on radios, televisions and musical instruments. Concerned that Americans were reading less, the ALA and the American Book Publishers formed a nonprofit citizens organization called the National Book Committee in 1954. The committee's goals were ambitious. They ranged from "encouraging people to read in their increasing leisure time" to "improving incomes and health" and "developing strong and happy family life." With the cooperation of ALA and with help from the Advertising Council, the first National Library Week was observed in 1958 with the theme "Wake Up and Read!"

Library Events Continued

APRIL AFTER THE BELL

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------|---|---------------------|-----------------------------|---------------------|
| 01 No ATB | 02 No ATB | 03 No ATB | 04 Spring Birds | 05 No ATB |
| 08 Thumbprint Art | 09 Legos/Coloring | 10 No ATB | 11 Sock Puppets | 12 No ATB |
| 15 Diamond Dots | 16 Make dog treats & toys | 17 No ATB | 18 Lego Challenge | 19 No ATB |
| 22 Cloud Dough | 23 Art day | 24 No ATB | 25 Shadows | 26 No ATB |
| 29 Painting | 30 Outside games | | | |



National Poetry Month April 2024

And may you
in your
innocence
sail
through
this
to
that

Artwork by Jack Wang. Line excerpted from the poem "Blowing the best" by Lucille Clifton, from *Quilting, Beans, and Apples* (SICA Editions Ltd, 2014). For more free poetry resources, visit Poets.org/teach.

poets.org |
 [SCHOLASTIC](http://scholastic.com) |
 [NATIONAL JAZZ ARTS](http://nationaljazzarts.org) |
 [ALA](http://ala.org) |
 [AMERICAN POETRY](http://americanpoetry.org) |
 [NORTON](http://norton.com) |
 [PENGUIN RANDOM HOUSE](http://penguinrandomhouse.com) |
 [MIDLAND](http://midland.com) |
 [PUB](http://pub.com) |
 [PUB](http://pub.com)

Ten Sleep Library

STORY TIME

Thursdays & Fridays at 10:00

April 4 & 5 Wyoming
 April 11 & 12 Birds
 April 18 & 19 Bugs
 April 25 & 26 Cowboys & Cowgirls

Board Briefs

BOARD OF TRUSTEES MEETING AGENDA (Monday, February 12, 2024)

1. MEETING OPENING

A. Call to Order

B. Pledge of Allegiance

C. Roll Call: Erin Blutt, Bill Murphy, Shana Harstad, Marc Dykstra, Annie Griffin and Rachel Casteel.

Absent was Jared Lyman.

D. Adopt Agenda

Bill Murphy moved to adopt the agenda. Seconded by Marc Dykstra. Motion carried 4-0.

2. REPORTS AND RECOGNITIONS

A. Math Presentation - Mr. Anderson with students Jesse Blazo and Kiyoshi Smith

B. The Pioneer Way - Mrs. Griffin

C. Superintendent Report / New School Update-Mrs. Griffin

3. GUESTS AND PATRON COMMENTS

A. Visitor Input at Board Meetings - Gabhriel Lungren

4. CONSENT AGENDA

A. Business Manager Report-Mrs. Casteel

B. Principal's Report - Mr. Griffin

C. Approve Minutes of January 08, 2024, Meeting

D. Authorization and Payment of Outstanding Bills

E. Approve Prepaid Bills

F. Approve Fyzical Therapy and Balance Centers

Shana Harstad moved to approve the consent agenda. Seconded by Bill Murphy. Bill Murphy abstained from warrants # 26296 and 16280. Motion carried 4-0.

5. DISCUSSION/ACTION ITEMS

A. Policy First Reading 5.36 School Day, 5.37 Hot Lunch, 5.38 Lunch, 5.39 Home School, 5.40 Student Residency, 5.40.1 Admissions of Suspended or Expelled Students from Other School Districts, 5.40.2 Admissions of Non-Resident Students, 5.40.3 Transportation, 5.41 At Risk Students, 5.42 Student Request for Financial Support, 5.43 Appeal, 5.44 Grievance Procedure and 6.11 Drug Testing

Marc Dykstra moved to approve first reading. Seconded by Shana Harstad. Motion carried 4-0.

B. Second Reading Policies 5.29 Student Dress and 5.34 School Events Calendar

Bill Murphy moved to approve second reading. Seconded by Marc Dykstra. Motion carried 4-0.

6. EXECUTIVE SESSION

7. NEXT MONTH BOARD AGENDA ITEMS

8. ADJOURNMENT

A. Adjourn the Meeting

Chairperson Erin Blutt adjourned the meeting at 7:25 pm.



April 2024

| April 2024 | | | | | | | May 2024 | | | | | | |
|------------|----|----|----|----|----|----|----------|----|----|----|----|----|----|
| Su | Mo | Tu | We | Th | Fr | Sa | Su | Mo | Tu | We | Th | Fr | Sa |
| | 1 | 2 | 3 | 4 | 5 | 6 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 26 | 27 | 28 | 29 | 30 | 31 | |
| 28 | 29 | 30 | | | | | | | | | | | |

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|--|--|---|
| Apr 1 Easter Break, No School | 2 6:30pm CSO Meeting in Cafeteria | 3 | 4 7:00pm DC Trip Meeting | 5 Blue Friday, Afternoon Classes FFA CWC Contest Golf @ Worland MS Track Meet WMS | 6 HS Track Meet in Worland Prom |
| 8 School Board Meeting 7:00 | 9 | State FFA Convention | | | 13 HS Track Meet in Powell Golf @ Kendrick MS Track Meet in Lovell 2:30pm Library Event in Gym |
| 15 High School Band Performance Assessment Midterms go out | 16 | 17 | 18 7:00am Art Intensive, Sheridan College | 19 Golf @ Powder Horn Red Friday, Morning Classes | 20 MS Track Meet in Shoshoni |
| 22 | 23 Skills USA State Conference in Casper | 24 8:15am WYTOPP 4th ELA-BoardRoom! (Board Room) | 25 State Art Symposium WYTOPP 4th Grade Science | 26 HS Track Meet in Shoshoni Blue Friday, Afternoon Classes Golf @ Thermopolis | 27 HS Track Meet in Buffalo MS Track Meet in Burlington Red Friday, Morning Classes |
| 29 | 30 WYTOPP 2nd-5th Grade ELA (4th in Board Room!) 3:30pm 4-H meeting in Cafeteria 6:00pm FFA Awards Banquet | May 1 | 2 | 3 | 4 |

April 2024

Ten Sleep School
Lunch Menu

| | | | | |
|---|---|---|--|---|
| 01 Easter Break | 02 Easter Break | 03 Chicken Patty <i>With</i> Mashed Potatoes White Pepper Gravy Hot Rolls Fruit Milk | 04 Tater Tot Casserole Peas Peaches Milk | 05 <i>Choice of</i> Ham Sandwich Tuna Salad Sandwich Turkey & Cheese Sandwich Chips Fruit Milk |
| 08 Chicken Chip Casserole Vegetables Fruit Munchkin Muffins Milk | 09 Spaghetti with Meat Sauce Lettuce Salad Fruit Milk | 10 Sausage Gravy & Biscuits Egg Hash Brown Oranges Milk | 11 Pulled Pork Sandwich French Fries Vegetables Fruit Milk | 12 Beefy Nachos Lettuce Salad Refried beans Fruit Milk |
| 15 Cheese Pizza <i>Or</i> Pepperoni Pizza Romaine Lettuce Cottage Cheese Milk | 16 Beef & Noodles Peas Fruit Milk | 17 Ham & Cheese Slider <i>Or</i> Turkey & Cheese Slider French Fries Fruit Milk | 18 BBQ Chicken Drumsticks Baked Beans Fruit Milk | 19 Chicken Quesadilla Spanish Rice Fruit Milk |
| 22 Sloppy Joe French Fries Fruit Milk | 23 Chef Salad Fruit Milk | 24 Fish Sticks <i>Or</i> Chicken Nuggets Vegetables Fruit Milk | 25 Turkey & Cheese Wrap Vegetables Peaches Milk | 26 Baked Ziti with Meat Sauce Lettuce Salad Fruit Milk |
| 29 Grilled Cheese <i>With</i> Tomato Soup <i>Or</i> Potato Soup Fruit Milk | 30 Beef Taco Refried beans Fruit Milk | | | |

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf> from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- **fax:** (833) 256-1665 or (202) 690-7442; or
- **email:** program.intake@usda.gov

This institution is an equal opportunity provider.

Washakie County School District #2 does not discriminate on the basis of race, color, national origin, sex, age, or disability in admission to its programs, services, or activities, in access to them, in treatment of individuals, or in any aspect of their operations. Washakie County School District #2 Career and Technical Education department does not discriminate in enrollment or access to any of the programs available: Welding, Agricultural Projects, Woods & Construction Projects, Ag Journalism. The lack of English language skills shall not be a barrier to admission or participation in the activities and programs. The Washakie County School District #2 also does not discriminate in its hiring or employment practices.

This notice is provided as required by Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, Title IX of the Education Amendments of 1972, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990. Questions, complaints, or requests for additional information regarding these laws may be forwarded to the designated compliance coordinator(s). 504 Coordinator: Chawna Wiechmann, Counselor, 242 Cedar St., Ten Sleep, WY, 82442, 307-366-2233. Title IX Coordinator: Annie Griffin, 242 Cedar St., Ten Sleep, WY, 82442, 307-366-2233 x 500.

Ten Sleep School

PO Box 105

Ten Sleep, WY 82442

Phone: 307-366-2223

Fax: 307-366-2304

www.wsh2.k12.wy.us



BE FAST: Signs of Stroke



B

Balance

Is the person having trouble with balance or coordination?



E

Eyes

Is the person experiencing blurry vision, double vision, or sudden loss of vision in one or both eyes without pain?



F

Face Drooping

Is one side of the face drooping or numb? Can the person properly smile?



A

Arm Weakness

Is one arm weak or numb? Can the person raise both arms? Observe if one arm drifts downward.



S

Speech Difficulty

Is the person experiencing slurred speech or unable to speak? Are they hard to understand?



T

Time to call 911

Every 40 seconds, someone in the United States has a stroke.

When a stroke occurs, it's important to recognize the signs and to act fast.

Remember the acronym "BE FAST".

For more information, facts, and statistics on strokes, visit <https://www.cdc.gov/stroke/facts.htm>